

J. C. HARDY, Editor and Proprietor.

"Excelsior" is Our Motto.

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NUMBER 29.

A Severe Sickness Leaves The Kidneys Weak.

After recovering from a severe spell of sickness some time ago, I was all run down and suffering from poor blood. I would have pains in my back and hips and my kidneys bothered me all the time. I started taking Swamp-Root upon the recommendation of a friend and found it was just what I needed. My blood became all right and after taking a few bottles, I was surprised at the effect it had on my kidneys. They were entirely cured and I have much to be thankful for that your great remedy did for me.

Yours very truly,
W. O. Blackmon,
Phenix City, Ala.
Saw to and subscribed before me, this 14th day of July, 1909.
W. J. Mrs. Justice of the Peace

Letter to Dr. Kilmer & Co., Elizabeth, N. Y.
Free What Swamp-Root Will Do For You.
Send to Dr. Kilmer & Company, Binghamton, N. Y., for a sample bottle. It will convince any one. You will also receive a booklet of valuable information, telling all about the kidneys and bladder. When writing, be sure and mention The Commonwealth. Regular fifty-cent and one dollar size bottles for sale at all drug stores.

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Analysis of anything, particular attention to Fertilizers, Cotton Seed and Cotton Seed Oil Products, Well Water, Spring and Mineral Water, Canned Food Products, Dairy Products, Urine and Earth, etc.

Farmers should have their Well Water examined at least once a year, and all that part of their land that gives poor crops, analyzed to find what is missing, so it can be added to their land to make it good and productive.

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Scotland Neck, N. C. Practices wherever his services are required.

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DR. R. L. SAVAGE

OF ROCKY MOUNT, N. C. Will be in Scotland Neck, N. C., on the third Wednesday of each month at the hotel to treat the diseases of the Eye, Ear, Nose, Throat, and fit glasses.

DR. O. F. SMITH, Physician and Surgeon

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PARKER'S HAIR BALSAM
Promotes a luxuriant growth of the hair. Falls to Restore Gray Hair to its youthful color. Prevents hair falling. 50c and \$1.00 at Druggists.

This is to Notify

All Persons

holding tickets of the Mutt & Jeff Ice Company that said company has been dissolved, and that Chas. L. Staton, surviving partner, will redeem all outstanding tickets collected for.

Thanking you for past favors and soliciting your future patronage, I am
Yours very truly,
CHAS. L. STATON,
The Ice Dealer.

Notice.

This is to notify all persons having any claim or claims against the estate of J. H. Lewis, deceased, late of Halifax county, North Carolina, to present them to the undersigned for payment.
This the 5th day of July, 1913.
7-10-13
MRS. MATTIE J. LEWIS.

Better Farm Buildings Needed.

The arrangement of farm buildings both within themselves and their relation to each other may mean the saving of many dollars each year in needless labor.

The health of people and animals housed should be taken into consideration. Yet how many barns, houses, etc., on our farms have been built without even one thought given to this most vital requirement. Better sanitation on Southern farms could easily increase the health of the rural population beyond belief; and that would cause land values to increase. There is no reason why the South should not be as healthy, or even healthier, than any other section of the country. Better farm buildings will help a whole lot.

The comfort of all concerned should be taken into account in building. For instance, take the hog; you want to house him so that he will be comfortable at all times. Yes, make it a pleasure for him to live. Why? Because he is a being that turns corn into lard, bacon, ham, etc. A being that isn't comfortable is not going to put on fat; and if he stays out in the rain, sleeps in a cold mudhole, or is uncomfortable in some other way, some of the corn is going to try to make him comfortable instead of making him fat. So it will cost more to fatten the hog and hence you get less profit.

If it is essential that hogs, horses, and cows should be made comfortable, how much more is it essential that the farmer's family should be made comfortable. The doing of the housework should be made so easy that it becomes a pleasure instead of drudgery. The arrangement of farm buildings should be such as to allow the chores to be done with the least amount of labor. Instead of the boys wanting to go to the city, they should have so many conveniences and pleasures at the farm home that the city would lose its charm.—Prof. Daniel Scoates in the Progressive Farmer.

Fight for Just Rates.

Richmond, Va., July 11.—Acting on resolutions adopted at the afternoon session, the Hardware Association of the Carolinas, in session here, yesterday telegraphed Governor Locke Craig of North Carolina that four hundred members of the organization are standing behind him in the fight to secure lower freight rates for Carolina cities.

The resolutions declare that the dealers will continue to fight until freight rates are put on the same equitable basis as those now enjoyed by cities in Virginia. The resolutions were adopted after an address by Norman H. Johnson, in which he urged prompt and vigorous action. "As long as you have legislators who talk for the people and are privately controlled by the railroads you will get no relief," he said.

Taylor Appointed Chief Clerk.

Washington, N. C., July 8.—Joseph F. Taylor left this evening for Washington D. C., where he will take up his duties as chief clerk of the senate finance committee. Mr. Taylor received official appointment from Senator Simmons today. Mr. Taylor also received word from P. A. Gorrell, president of the state association of Elks that he had been appointed chairman of the state executive committee.

Drs. Ferrell and Pridden Promoted.

Dr. Jno. A. Ferrell, who has been State Director of the hookworm campaign in North Carolina since its beginning has been promoted so that he will take charge of the work in the South with headquarters at Washington, D. C. Dr. C. L. Pridden, the senior member of the field staff of physicians, has succeeded him as State Director for North Carolina. Announcement of Dr. Pridden's successor will be made at an early date.

Don't ask the college graduate to translate his diploma.

NERVOUSNESS DENOTES WEAKNESS
but is promptly relieved by the medical nourishment in Scott's Emulsion which is not a nerve-quieter, but nature's greatest nerve-builder, without alcohol or opiate.
Scott & Bowne, Bloomfield, N. J. 12-23

Negroes Should Buy Land in Communities to Themselves.

Raleigh, N. C., July 14.—Chairman Clarence Poe announces that the Program Committee of the National Farmer's Union has asked Local Unions at their next meetings to discuss the problem of segregating the races in the South's rural districts as is already the policy in the towns. It is asserted that thousands of white farmers are being driven from their homes by the growing number of negro farmers around them and the consequent lack of adequate white social life. The hope is to develop a public sentiment that will require negroes to buy land in communities to themselves instead of breaking up white communities by indiscriminately sandwiching white and negro farmers together. In discussing the matter further, Mr. Poe said:

"For the good of both races, the negroes should buy land and settle as largely as possible in neighborhoods of their own. For example, fifty negro families and fifty white families together in a district can have only half as good schools for either race as they could have if all the hundred families were of one race; and with regard to churches, libraries, co-operative societies, social meetings, and nearly all other agencies of vital civilization the same thing is true. To have half the community composed of a separate race cuts in half all the social power for progress.

"The big fact we have to face is that in thousands and thousands of communities in the South, the negro farmers are not only subjecting the white farmers to more or less disastrous economic competition by their lower standards of living, but in many sections the growing number of negroes is driving the white people to the towns for social reasons. When the white population in a community becomes too small or too scattered, when the white farmer's wife and children find more negro neighbors than white neighbors around them, a tremendous motive is given for moving away—and if the farmer moves some negro will probably buy his land at a sacrifice because other white farmers have the same feeling and do not care to buy land in a predominately negro community. Such is the negro's flagrantly unfair advantage for driving white people off the farms and taking the rural South for himself. Public sentiment must find us a remedy."

Scrubs While Wife Votes.

Wayne Colby of Libertyville boasted today that he stayed home yesterday and wrestled with the family wash while Mrs. Clara N. Colby went to take part in the first election in this State in which women voted.

"Just to show that it was not such a terrible thing for a man to stay at home and do the housework on the occasional voting day," said Mr. Colby without a trace of apology in his tone. I thought I would help Mrs. Colby out with the washing.

This Twentieth Century husband did not admit that he had taken that course to make the stockiest of the anti-suffrage joke writers seem plausible he insisted that he toiled in the laundry while his wife was at the polls merely to give an object lesson to other men.

Mrs. Colby while her husband was getting a backache over the tubs and scorching his fingers with flatirons, was prominent in the Libertyville election which was to settle the question whether \$10,000 should be spent for a village hall. She was the first woman in her town to cast a ballot. The men in line when she reached the voting place stood aside for her.

Fifty-seven women voted on the village hall question 34 for it and 23 against. Men cast 93 votes for the project and 63 against it. Other towns where women voted were Wamac and North Chicago.—Chicago Dispatch to The New York Times.

We note in Bingham's Catalogue that only two details of Commandants of Cadets from U. S. Army are allowed to North Carolina one of which has been assigned by the war department to the A. & M. College, West Raleigh, and the other to Bingham Asheville.

Bingham's latest improvement is the lake for swimming and the Commandant, 1st Lieutenant C. R. Abraham, 27th Infantry, is to organize a Cadet Band in September. The Bingham Summer Camp opens July 1st.

Six Men Who Saw Nothing.

It was not because there was nothing to see. But they had no eyes in their souls. They came aboard the boat as we were sailing up the Rhine. Now you may know that the Rhine is one of the noblest of rivers. It runs through a beautiful land, with vine-covered hills on either hand, many of them crowned with the ruins of old castles. Boats are running up or down the stream. But even more interesting to many passengers are the stories of the old days when robbers bold lived in these castles and compelled the passing boats to pay them tribute. Oh, it is a great day when you sail up the Rhine!

But these six men had no sooner come aboard than they settled down in the cabin to play cards and drink beer out of great brown mugs, with now and then a bottle of wine. And there they sat all the rest of the voyage; never seeing the green hillslopes the beautiful river or the old castles, with their mossy walls and their wonderful stories of the days of old—stories that would make a boy's hair stand on end. How I pitied them! They had no eyes in their souls! God gave them soulsight, but they had lost it by not using it. And now they were content not to see. That dear summer day had nothing better for them than to drink and smoke and play cards. They might as well have been in a cave! God had set all about them the glories of the river, the mountains and the sky. But they preferred a pack of cards, great mugs of beer and a cloud of smoke!

What are you going to see as you pass through this beautiful world? Will you learn to enjoy Nature and history and all noble things? Or will you lose the eyes of your soul and be content with eating and drinking?—Rev. Frank T. Bayley.

The Widow's Pension Law in New Jersey.

Thirty widows took advantage of the Widows pension law which went into effect on Friday and obtained blanks from County Clerk McDonough which they will fill out and present to one of the country judges in applying for a pension.

Application will then be referred by the court to the State Board of Children Guardians for investigation and on the board report will depend whether or not the applicant will be granted a pension. Under the law a widow is entitled to a state amount for each child under 16 years of age who is dependent upon her for support.—New York Sun.

The Rule of the Road.

Whenever an automobile attempts to pass a vehicle on the road the driver of the vehicle ought to turn to the right and allow the automobile to pass on the left. By remembering this a serious accident may some time be avoided. Of course when a vehicle and automobile meet in the road each should turn to the right. Form The Wadesboro Messenger and Intelligencer.

Surprising Cure of Stomach Trouble.

When you have trouble with your stomach or chronic constipation, don't imagine that your case is beyond help just because your doctor fails to give you relief. Mrs. G. Stengle, Plainfield, N. J., writes, "For over a month past I have been troubled with my stomach. Everything I ate upset it terribly. One of Chamberlain's advertising booklets came to me. After reading a few of the letters from people who had been cured by Chamberlain's Tablets, I decided to try them. I have taken nearly three-fourths of a package of them and can now eat almost everything that I want." For sale by all dealers.

THE NORTH CAROLINA State Normal and Industrial College

Maintained by the State for the Women of North Carolina. Five regular Courses leading to degrees. Special Courses for teachers. Free tuition to those who agree to become teachers in the State. Fall Session begins September 17, 1913. For catalogue and other information, address:
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\$5.00 to Wilmington.

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Rid Your Children of Worms.

You can change fretful, ill-tempered children into healthy, happy youngsters, by ridding them of worms. Tossing, rolling, grinding of teeth crying out while asleep, accompanied with intense thirst, pains in the stomach and bowels, feverishness and bad breath, are symptoms that indicate worms. Kickapoo Worm Killer, a pleasant candy lozenge, expels the worms, regulates the bowels, restores your children to health and happiness. Mrs. J. A. Brisbin, of Elgin, Ill., says: "I have used Kickapoo Worm Killer for years, and entirely rid my children of worms. I would not be without it." Guaranteed. All druggists, or by mail. Price 25c. Kickapoo Indian Medicine Co., Philadelphia and St. Louis.

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This is the one Ice Cream that you needn't be afraid to give to the youngsters. For our cream comes from Government inspected cows. It is pasteurized to insure its healthfulness. It is made in a plant immaculately clean—white enamelled inside. Human hands never touch it. Go to the nearest dealer and try the Velvet Kind Pure Ice Cream. Let the kiddies eat it. Take it home to the family. You can buy it in pints and quarts, wrapped in parchment paper, and put up in an air-tight carton.

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Did you know that an application of K Elite Top Dresser would about double your yield of

COTTON AND CORN?

K ELITE gives the stalk a healthy and vigorous growth. K ELITE will prevent the shedding of cotton squares and bolls. K ELITE will assist nature in the opening of cotton. K ELITE will restore yellow and drowned cotton to its natural color. K ELITE TOP DRESSER is composed of quick and lasting materials.

Ask your merchant for K Elite Top Dresser. If he will not supply you write to us and we will see that you get the goods.

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